

wildernschool

C. Oakley BA Hons PGCE NPQH Headteacher

Wildern Lane
Hedge End
Southampton SO30 4EJ
T: (01489) 783473
E: wildern@wildern.org

S. Mann CEO

26 September 2024

Dear Parents/Guardians,

We are excited to invite your child to participate in the **Jamie Oliver Ministry of Food Programme**, which will be offered to Year 7 and 8 students at our school. This fantastic programme will be delivered by our experienced food teachers and provides an excellent opportunity for students to learn valuable life skills related to cooking and healthy eating.

The Ministry of Food Programme consists of **10 practical sessions**, which will take place as part of an afterschool club throughout the school year. Each session will run from **3:00 pm to 4:30 pm**, and the full list of dates are below. Please note that while we aim to adhere to the scheduled dates, they are subject to change, and any adjustments will be communicated to your child in advance.

Details of the Programme:

- **Cost:** £20, which includes all ingredients needed for each session.
- **Sessions:** 10 after school sessions (dates below).
- **Time:** 3:00 pm – 4:30 pm.
- **What students need to bring:** A suitable container to take their food home after each session.

The Jamie Oliver Ministry of Food Programme aims to develop key practical cooking skills and provide students with a deeper understanding of where food comes from, how to cook it, and how it impacts our health. By participating in this course, students will gain lifelong skills that support healthy eating habits and an understanding of nutrition. Upon completing the programme, each student will receive a certificate celebrating their achievement.

Please note that **only 20 places are available** for this programme. **To sign your child up, please complete the consent and medical form along with payment on ParentPay by Monday 7th October 2024.** In the event of over subscription, we will draw names randomly from a hat and any monies paid will be refunded.

If you have been notified that we as a school receive Pupil Premium funding for your child, the cost of the programme will be covered. If this is the case, your Parentpay account will automatically reflect this but please complete the consent, emergency contact information and medical details through parent pay as usual. The same procedures regarding over subscription for the programme will apply.

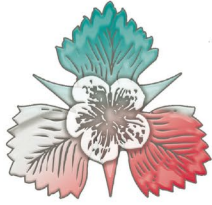
If you have any questions, please do not hesitate to contact Miss King at wildern@wildern.org. We look forward to welcoming your child to the Jamie Oliver Ministry of Food Programme!

Kind regards,

Miss N King

Subject Learning Coordinator - Design and Technology





Jamie Oliver Ministry of Food Programme Overview

Day	Date	Theme	Recipe
Wed	16th Oct	Breakfast	Pancakes
Tues	26th Nov	Bake & Blitz	Tomato Soup
Wed	4th Dec	Pasta Master	Classic Tomato Spaghetti
Wed	22nd Jan	Wrap it Up	Chicken Fajitas
Thurs	13th Feb	Catch of the Day	Tuna Fish cakes
Wed	5th March	Get Your Grill On	Beef Burger
Wed	30th April	Veg Out	Vege Chilli
Wed	21st May	The Fry's the Limit	Chicken / Tofu Stir Fry
Wed	25th June	Friday Night Takeaway	Thai green curry
Wed	9th Jul	Make a Meal	Berry Ice cream