

Welcome!

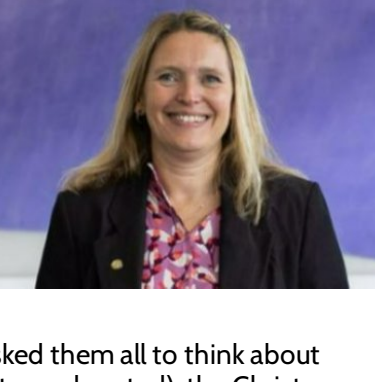
As we approach the end of the school's longest term, we would like to end the term with a big thank you to all our parents/carers for your support this term.

Educating and bringing up our students, your child(ren) is, of course, a collaborative effort between us all – school, parent/ the wider family and community. This partnership is appreciated and really does make the difference.

Unfortunately, this will undoubtedly be one of the most challenging Christmas periods for many in our school.

As always we have reminded our students about the meaning of Christmas and asked them all to think about communities and individuals less fortunate than ourselves; the basics bank (2785 items donated), the Christmas jumper event, the shoe-box appeal (191 shoeboxes donated) have all shown that our community is full of kindness and care.

We are so proud of the generosity we have seen. I hope that you have the most wonderful, restful and joyous holiday. With very best wishes to you all.



In this issue...

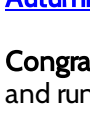
- [Dates for your diary](#), [Communications](#), [Reminders](#)
- [Keeping safe](#) [\(Pond safety and Wellbeing at Christmas\)](#)
- [Hot food menu](#), [Sports results](#), [Extra-Curricular](#), [E-Safety](#)



Dates for your diary

Date	Activity	Year Groups
Friday 16 December	End of term: School finishes at 1:30pm	All years
Tuesday 3 January	Start of term - Week A	All years
Friday 6 January	Year 9 & 10 Future Chef Competition	Year 9 & 10
Saturday 7 January	Duke of Edinburgh practice walk	Year 9 & 10
Monday 9 January	Week 6	All years
Monday 9 January	ICT: iMedia exam	Year 11
Thursday 12 January	Year group school photos	Year 7 & 11
Thursday 12 January	Year 10 Parents' evening	Year 10
Monday 16 January	Week A	All years
Wednesday 18 January	Dragon's Den day (careers event)	Year 7
Thursday 19 January	KS4 Acoustic Night	Year 9, 10 & 11
Thursday 19 January	WINK: Pathways (virtual)	Year 8

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Communications

All Years

[Autumn term newsletter - Wildern News](#)

Congratulations to the winner of the Wildern School Christmas Card competition 2022 who was Cheyenne Lamb and runner up is Isabelle Wallace (see their designs below)

Dance Live ticket information - information about how to reserve tickets for this year's Dance Live event has come out to students via their Dance Live google classroom page. They need to edit the spreadsheet by Thursday 12 January. Further information about payment will be sent via a letter home.

[Just message from Miss Litton](#)

Year 7

[Letter from Mr Clissold](#)

Year 10

[Letter from Mrs Fearon](#)

Year 8

[Letter from Mr Kinnaird](#)

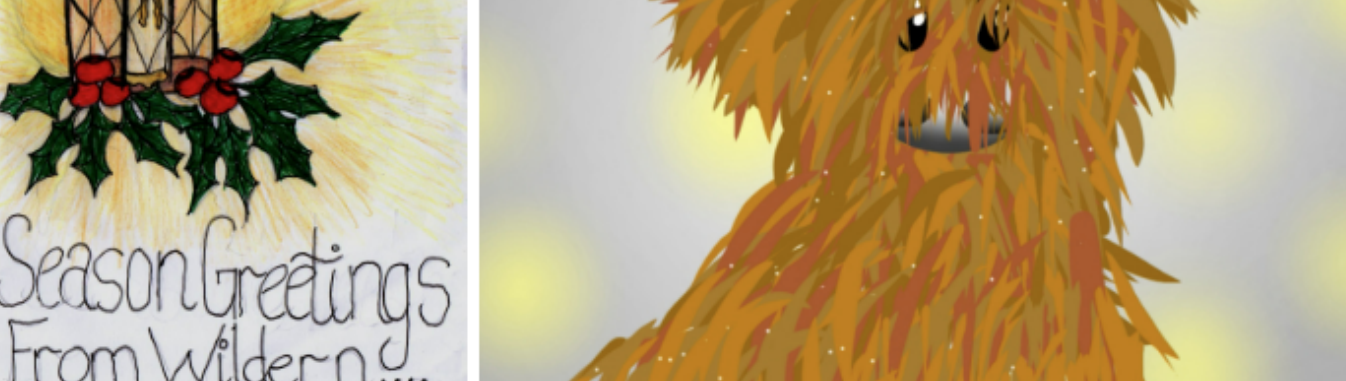
Year 11

[Letter from Mr Milburn](#)

Year 9

[Letter from Mrs Marshall](#)

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Reminders

All Years

[Mrs Oakley - End of term letter](#)

Year 7

[Year 7 timetable changes from January](#)

[Tip: Natural History Museum & London Eye](#)

Year 8

[Year 8 timetable changes from January](#)

Year 9

[Year 9 timetable changes from January](#)

English: After Christmas students will study the Shakespeare play 'Othello' in the Spring term. We recommend that students have a copy to annotate in class and support study, with the 'Oxford Schools edition' being particularly useful.

Year 10

[Year 10 timetable changes from January](#)

[Parents' evening information](#)

[Year 10 Practice exams information](#)

[Year 10 Practice exam timetable](#)

Art and Photography practice exams: 6 & 7 February 2023

English - Macbeth Box Cleve Theatre visit (Spring '23) We still have tickets available for this fantastic performance and workshop that will take place in school. More information is [here](#).

Year 11

[Prepares to perform newsletter](#)

[Year 11 timetable changes from January](#)

[ESPs - here is the timetable for Spring 1](#)

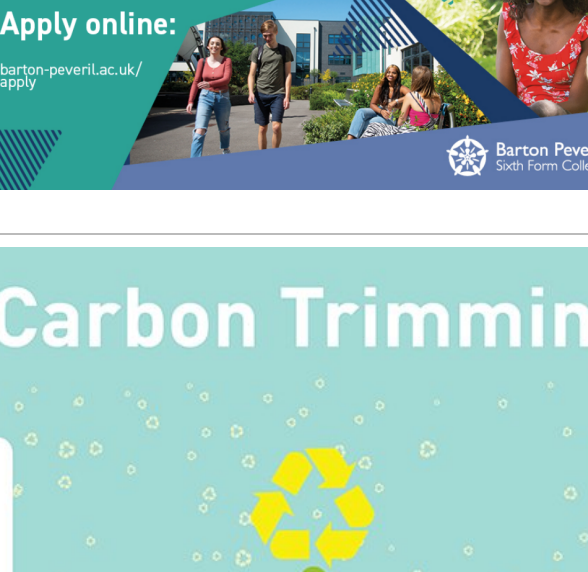
ESPs
Wednesday 4 January - Design Technology / Food & Nutrition / Performing Arts

ICT Exam: Monday 9th January. This is worth 33% of the final grade for ICT. All students have been given a copy of the Wildern revision guide and have other revision resources available on Google Classroom

Science - AM Registration Booster sessions are starting this week. The focus will be on the Year 11 self study past papers. There will be two groups – one will be running on Tuesdays and the other group will be running on Fridays. Both groups will run for six weeks. Letters have been sent home for those students invited to attend.

Year 11 Art and Photography Coursework deadline: 3rd Jan 2023

Barton Peveril application deadline is much earlier this year and fast approaching, so please get your applications in.



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Carbon Trimmings

Switch over to LEDs
LED light bulbs last longer and use far less energy than incandescent ones. They should still switch them off when not in use to save energy.

Christmas Dinner
Lower your carbon footprint over Christmas by avoiding food waste. Shop intelligently, plan portion sizes, save leftovers and compost the remainder.

Wrapping Everywhere!
Make sure you recycle wrapping paper and cards. The wrapping paper thrown away over Christmas just in the UK could enough to wrap up the moon!

Waste Not Want Not
Try to avoid giving presents that will go to waste. One third of British adults claim to receive unwanted gifts, worth a combined total of £2.5bn a year!

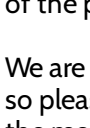
The Heat is on
Consider heating down your heating. Friends and family crowded in a room, as well as an oven switched on for hours make your home warmer than usual.

O Christmas Tree
An artificial tree needs to be used for 16 Christmases for it to have a lower carbon footprint than a real one. But real trees need to be properly recycled.

#lowCarbonXmas

CARBON TRUST

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Keeping Safe

Pond Dangers

We have had reports this week of several students walking on the frozen pond by Wildern Lane and Tamarisk Road. Please can we ask you, especially following the sad news from Solihull, that you remind your child of the dangers of doing this. We believe the students were in Years 7 & 8 and they didn't seem to understand why so many members of the public were concerned for their safety. We have reminded all students at school this week of the risks.

We are also saddened to hear that all four life buoys rings have been thrown onto the ice at the Docks Farm pond so please remind your child to take extra care there as there are no life buoys available for use in an emergency at the moment.

Looking after your Mental Health at Christmas

Christmas can be an overwhelming time of year. If Christmas is a difficult time for you it is important to know that you are not alone.

Top Tips

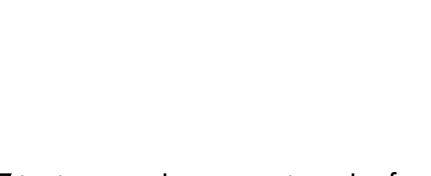
- Take time for yourself
- Try to relax
- Get into a good sleep routine
- Exercise for wellbeing
- Seek support if needed

The [Young Minds link](#) has some useful tips and advice.

Where to get help:

The Mix

Offers online information as well as helpline support to under-25s about anything that's troubling them.



- Email support is available via their [online contact form](#)
- Free [1-2-1 webchat service](#) and telephone helpline available.

Opening times: 4pm - 11pm, seven days a week. [0808 808 4994](#)

shout

85258

Shout 85258

- Provides free, confidential, 24/7 text messaging support service for anyone who is struggling to cope.
- All texts are answered by trained volunteers, with support from experienced clinical supervisors.
- Texts are free from EE, O2, Vodafone, 3, Virgin Mobile, BT Mobile, GiffGaff, Tesco Mobile and Telecom Plus.
- Texts can be anonymous, but if the volunteer believes you are at immediate risk of harm, they may share your details with people who can provide support.

Opening times: 24/7, text [85258](#)

Childline

- If you're under 19 you can confidentially call, chat online or email about any problem big or small.
- [Sign up](#) for a free Childline locker (real name or email address not needed) to use their [free 1-2-1 counsellor chat](#) and email support service.
- [Can provide a BSL interpreter](#) if you are deaf or hearing-impaired.
- [Hosts online message boards](#) where you can share your experiences, have fun and get support from other young people in similar situations.

Opening times: 24/7, [0800 1111](#)

childline

ONLINE, ON THE PHONE, ANYTIME
childline.org.uk | 0800 1111

COPING AT CHRISTMAS

Christmas can be tough. That's why it's important to know there's always someone you can talk to.

MIND

0300 123 3393
Helpline
[mind.org.uk](https://www.mind.org.uk)

shout 85258

Text SHOUT to 85258
24/7 text service
[giveusashout.org](https://www.shouttextservice.com)

SAMARITANS

116 123
24/7 helpline
[samaritans.org](https://www.samaritans.org)

YOUNG MINDS

Text YM to 85258
24/7 text service
[youngminds.org.uk](https://www.youngminds.org.uk)

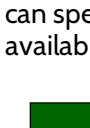
CALM

0800 58 58 58
Helpline for men
[thecalmmen.net](https://www.thecalmmen.net)

PAPYRUS

0800 068 4141
Under 35s Helpline
[papyrus-uk.org](https://www.papyrus-uk.org)

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Hot Food Menu

Dan and his catering team can adapt the majority of meals to any dietary needs if they know in advance (your child can speak to them by visiting the kitchen before 8:30am that day). Mainly vegetarian options are always available - just ask Dan and his team.

	Main	Grill
Monday	School closed - Bank holiday	
Tuesday	Cheese and bacon turnover with fries	Roasted vegetable pizza with sauté potatoes (v)
Wednesday	Roast of the day and Yorkshire pudding	Chilli con carne with rice
Thursday	Chicken tikka with rice	Hunters chicken with spicy wedges
Friday	Fish of the day	Cheese and sausage / veggie sausage flatties (v)

* correct at time of sending, but may be subject to change

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Sporting Results

Date	Sport	Opposition	Year Groups	Result
9 December	U16 girls football	Wooden School	10 & 11	2-1 loss
13 December	Year 9 boys football	Thornlands Community College	9	Cancelled
13 December	U16 basketball	Bitterne Park School	10 & 11	59-23 loss
13 December	U14 basketball	Oasis Academy Mayfield	8 & 9	53-10 win

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Extra Curricular

HAMPSHIRE Teen Project

11 - 16 year olds
10th - 22nd December
10:00 - 16:00

Free Hot lunch included

Free for young people eligible for benefits+related free school meals

www.personalbesteducation.com
 01794 510225

TEEN PROJECT LOCATIONS

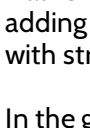
BOOK NOW

Please complete the registration form found on our website:

www.personalbesteducation.com/teens/teen-projects/

www.personalbesteducation.com
 01794 510225

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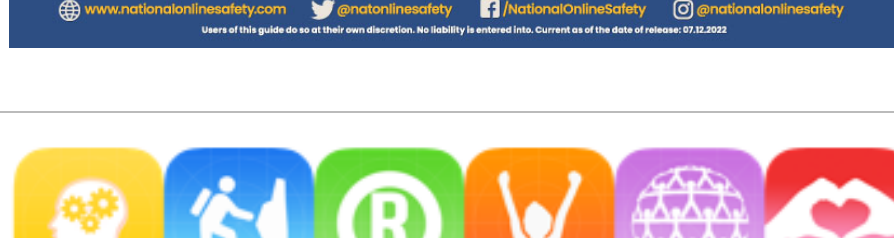
E-Safety

What Parents Need to Know about HiPAL

HiPal is a trending social media app which turns phones into walkie-talkies, allowing people to have voice conversations with friends or strangers. There are two account options: one for users aged under 12 and one for those aged 12 or above. The former has fewer features and limits interaction with strangers; enabling use of the walkie-talkie feature or photo sharing with friends and family only. The 12+ accounts offer more options, including adding strangers as friends, sharing photos and videos publicly, send private messages and holding voice chats with strangers as well as friends.

In the guide, you'll find tips on a number of potential risks such as contact with strangers, dangerous challenges and intrusive features.

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Every Student Matters, Every Moment Counts