

# Wildern School

An Introduction to Year 10

The Year for Making a Difference



















# Aim of the Evening

- Our culture and expectations
- Key priorities for all
- Making the this year count
- Continuing the GCSE Journey
- Learning & study behaviours
- Revision

- Teenage brains
- Risky behaviour
- Supporting your child
- Thinking about life after Wildern
- Communication
- Working together

















We want a happy, healthy, safe and focussed school where all staff and students can thrive

We want to be a school where all:

- students speak politely and listen to each other and staff
- students show respect to their teachers through the way they communicate and respond
- students are well mannered to each other and staff
- students respond appropriately in communications
- students respond at the first time of asking
- moments count



















So this year to address this our key foci for all staff, students and parents will be

- Culture and ethos
- Routines and expectations
- Metacognition thinking about thinking















#### Respectful culture

As a Rights Respecting school, at Wildern we expect all students to be respectful and polite in the way they communicate with all members of our community. We have outlined this as:

Talk - think about your tone, words and volume
Actively listen and respond appropriately
Look interested - show positive body language
Kindness - show empathy, avoid judgement, respect others' ideas

Students will learn about this through their Education for Life curriculum, day to day interactions across all subject areas and in tutor time and assembly. This will be a continuous thread throughout the whole academic year.

















#### **Uniform expectations**

- School identity starts with the uniform
  - Safeguarding
  - Hard wearing (52% of the year is in uniform)
  - Identity and pride
  - A sign of conformity
- Individual identity
  - Being them! (We want to encourage them being them)
  - Bring things to the 21st century!
  - Still want to avoid extremes of fashion
- Safety and security
  - Still has to be a priority

If we get this right, more time is focussed on learning & pastoral conversations.



















#### Our routines

Everyone has clear routines at home and these are crucial to us getting through the day!

A school needs embedded and well-communicated routines

#### These include:

well-established and understood systems of behaviour (sanctions, corridor and classroom expectations, moving around site)

Removes uncertainty about school expectations, which reduces anxiety and creates a sense of normality and security for students

Allows more time for quality conversations both inside and outside the classroom

#### It's what we do here, we are Wildern









#### Routines for all

- Morning routines tutor time, phones switched off and in bags for the day, equipment and uniform checks
- How students move around site use of one way corridors to avoid congestion and ensure students and staff can move around our school site safely and purposefully to ensure every minute of learning time is optimised
- Lining up outside classrooms
- Entry and exit routines for all lessons
- Having all equipment and student planner out and readily available every lesson
- Assemblies where to line up, how to come in and how to leave

















### Metacognition

This is the science behind cognition, or thinking about thinking

- Includes how we learn
- how our memory works
- how we regulate our thinking and emotions
- how we respond to situations

Students will learn about this through their Education for Life curriculum, curriculum lessons, day to day interactions across all subject areas as well as in tutor time and assembly. This will be a continuous thread throughout this and the next academic year.















# The year for making a difference

















# Continuing the GCSE journey





















## Continuing the GCSE journey

- 3 out of 8 terms completed on GCSE courses, lots of new knowledge and skills still to learn and link together
- Got time, but cannot waste time
- Chance to embed skills learnt this year in new topics
- Developing awareness of learning and social behaviours
- Dealing with distractions, pressures and expectations
- Exciting opportunities on the horizon to consider life after Wildern
- Partnership you are not alone







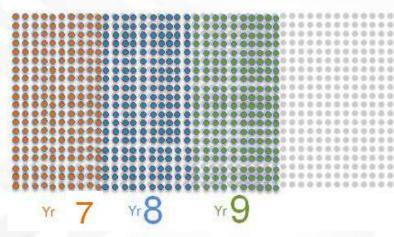












- GCSEs if gaps start forming now it's crucial students are proactively plugging these and not putting their head in the sand
- It's ok to have gaps, as long as students are working on them do not give up!
- · Identify them!
- Parent support to work on these
- Developing independent study habits











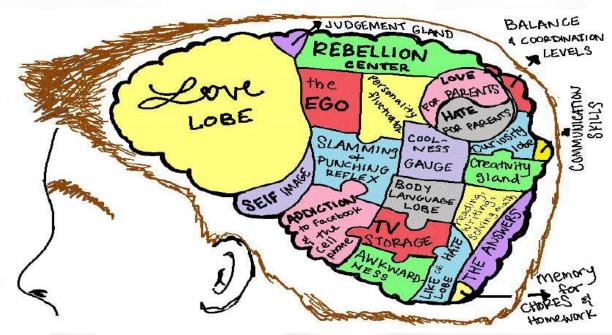






## Supporting your child's learning

THE AVERAGE TEENAGE BRAIN





















## Learning/study behaviours

- Routines of self study and independent work to support classroom learning
- What are these for your child?
- Organisation is this timely or rushed at the last minute?
- Are there habits to break with the fresh start September brings?
- Maximum effort rather than bare minimum











#### **Practice and Patience**

#### How best to support your child with their learning

- Turn off the TV. Consider whether radio/music helps?
- Set rules about mobile phones during study time
- Designate specific areas for completing Self-study at home
- Regularity is a key factor in academic success
- Support your child to see that self-study is more than just completing tasks set by teachers
- Note taking is a critical skill and should be developed
- Help your child feel confident for tests recognise the effort and small steps
- When to help if you see them getting frustrated

















### Tips and tricks

- Self study up to an hour a week for each subject
  - If students finish in this time, they should spend the rest of the hour on independent revision/practise
  - Timetable to plan these over the week
  - Parents can support self-study eg last 10 minutes ask child to summarise the work they have completed (whilst you have their notes)
- Communication is key Google classroom/ Google Guardians, teacher contact, conversations, balance















### Impact of Attendance

- Attendance matters!
- Students who had attendance of less than 90%, achieved on average 1-2 grades lower in their final GCSEs
- This is the equivalent of 1 day a fortnight
- However... students with attendance of 96% or more, achieved 1.5 grades higher than their peers who didn't have as good attendance.
- If students are not in lessons, they are not here to learn in their lessons as well as receive support and feedback from their teachers
- If they are here, they fly!
- We will not approve absence unless there are extremely exceptional circumstances









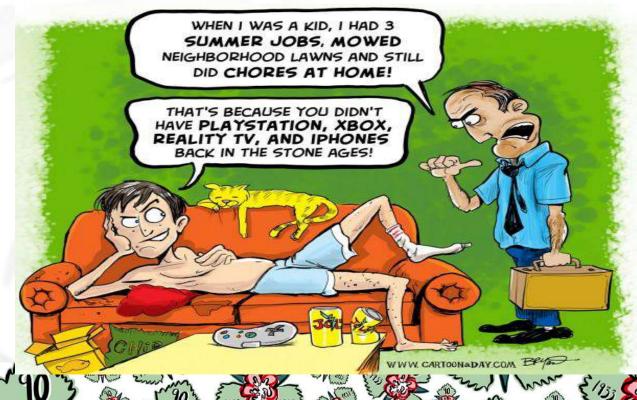








# Why are teens so moody?





### Risky Business - Drugs and Alcohol

It is not uncommon for teenagers to try drugs or drink alcohol in their teenage years.

For some they may experiment and make the positive choice not to participate but, there are also those who become dependent on

drugs or alcohol.





















# **Risky Business**

- Going out
- Spending Money
- Phones
- Friendship groups
- Keeping in touch
- Local Drug Networks (County Lines)





















# Risky Business

#### Drug use - What to look out for and to avoid making assumptions

- Your child may start asking you for money/ money may go missing
- You may find unusual equipment lying around the house.
- They may have another phone (looking after for a friend)
- They may experience a lack of appetite or you could notice sores or rashes around the mouth or nose.
- Your child may experience mood swings, start staying out late, or begin socialising with new friends.
- They may appear drowsy, lack motivation, and lose interest in their personal appearance.
- May have a different social grouping to their normal friends







### Talking to your children- alcohol

- Find a relaxed time when you can both chat,
- Talk about how they may feel
- Talk openly and honestly about the potential dangers of binge drinking.
- If you do drink, be honest about your own choices.
- Talk about how alcohol can influence people's judgement.
- Make them aware of drinks being spiked.
- Explore how alcohol affects people in different ways.
- Ensure your teen knows that, no matter how angry you may be with them, you are there for them.
- Try not to take it personally.



















### Where to get help

#### As a parent:

- NSPCC (parental advice)
- ThinkUKnow (online safety)
- NHS CAMHS (Hampshire)
- School Nursing Team (SNT)
- Student Services
- Pastoral Team
- Wildern Wellbeing Hub

#### As a student:

- Wildern Wellbeing Hub
- Think Ninja/Kooth
- Teenage Drop-in Centre (Hedge End)
- Eastleigh Youth Counselling Service (EYCS)
- Student Services
- #talk2us

Links to these are all found in the Wellbeing area of the school website

















# IT'SNOTOK

- Being Kind
- Anti Bullying Ambassadors
- How we treat each other
- #talk2us



















# What your teenager needs?





CARE

RESPECT ATTENTION













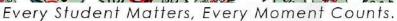














### Thinking about the future



Over this next year you need to start considering with your child:

- Post 16
  - College
  - Training
  - Apprenticeship
- Future employment
- Aspirations and goals
- Careers Fair 3rd October 2023





















#### What will the future hold?







Time to start thinking about choices for after GCSEs and beyond





















### Student voice

Student voice is very important to us and is shaping our school. This is an ongoing opportunity throughout the whole year. Students views are gathered through

- SLT student meetings
- Student #mywildern
- #talk2us
- Education for Life quizzes and surveys
- Students surveys
- Focus groups
- Subject reviews





















#### Parent voice

Your voice is just as important to us and we value your feedback, when we get it wrong but as importantly, when we get it right.

There are many ways you can share your views with us throughout the year. Parent views are gathered through

- Parent survey biannual
- Mini parent surveys in Wildern Weekly (these appear regularly)
- Email wildern@wildern.org
- Ofsted Parent view (328 completed in 2022 for nearly 2000 students)
- Your child's tutor
- Parent open morning and coffee meets
- Parents evenings information and communication



















### Communication























# "Meeting Me" Conversations

#### These will take place on Tuesday 5th & Wednesday 6th September

- All students (and parents) will be allocated a time to meet their tutor over these 2 days
- Face to Face
- Discuss the year ahead
- Share any news from the summer
- Meet possible new tutors
- Share any concerns
- Give over any new information
- If needed can be virtual for the parent (students must attend)



















#### **INSIGHT**

- Contestal \* Example & Crasting \* Alternations \* Bethavour \* MAD & Reports \*

  1
  Unreced notices

  1
  Unreced no
- Check Student Attendance
- Check Student Achievement and Behaviour
- Check Student Timetables
- Update Student and Parent Information
- Report an Absence
- Check the School Calendar
- Receive messages from the school
- To set up your INSIGHT account we need to have <u>your</u> email address on our system - we will then send you an invitation.















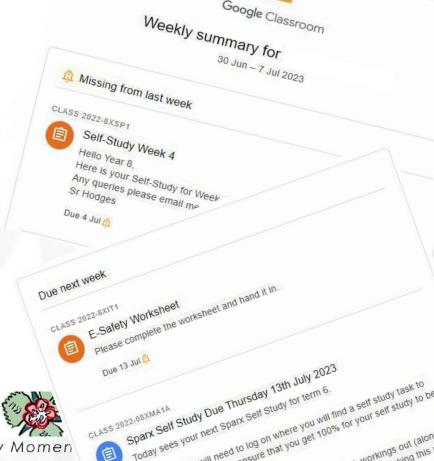




#### **Google Guardians**

Google Classroom

- Sends you a daily or weekly summary
- Includes any work:
  - that has been set.
  - that has **not** been handed in
  - that is due the next few days
- Useful to help you support your child in managing their self-study
- Informs you of what has and hasn't been done







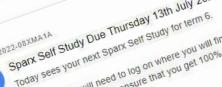














# Wildern Weekly



#### Wildern Weekly

#### Sent out on Fridays

- Links for all letters
- Reminders & key dates
- Spotlight features
- Advice & guidance
- Food menus
- Extra curricular
- Sports results
- All previous issues are available on our website



'm Mrs Dixon, Director of Learning for Humanities and subject leader for Geography, The Humanities subjects at Wildem are History (subject leader Miss Greensword). Religious

Education (subject leader Mrs Watson), Travel and Tourism (subject leader Mrs Mistry) and Geography, I love all of the humanities subjects because they help to explain our place in the World, create empathy and to always consider the impacts our actions have on the World and

luly 11th is World Population Day, a day which seeks to bring awareness to the growing pressures and opportunities a growing population can bring. This week there is an opportunity for us all to reflect on our population of 8 billion people and how our humanities subjects are woven into this. Our population is able to live longer due to historical breakthroughs in medicine and growing international efforts for peace. Our population of 8 billion all have rich and diverse religious, cultural and social backgrounds which we can all celebrate not just within this week out always. Then we have to decide how we can balance the challenges of a growing

I you're curious to find out a little more, find out which billionth person you are by using this

I you have any concerns with your child's progress or attainment in Humanities, please do not nesitate to contact your child's teacher or myself and we will be more than happy to discuss



#### Recent events @ Wildern

On Wednesday evening we celebrated our annual Awards Evening. Congratulations to all our winners and their families. Special mention to George and Sophie for the outstanding performances in such a large venue, the staff behind the scenes and the Kings Community

A final huge thank you to our Senior Student Leadership Team: Harry, Evie, Josh and Flo for the brilliant way they hosted the evening. Supported by a team of really helpful prefects around

We have also had two Headteachers lunches for 140 student with an eref score over 700 this

Start of Term Arrangements 2023-24:























# Partnership You are not alone



## Over the next year what the school will also offer;

- Careers advice
- Personalised curriculum support
- One to one mentoring (where required)
- Access to the school counsellor
- Practice exams

#### Parent Information Evenings focusing on:

- Preparing for exams (Oct 2023)
- Love Languages (Nov 2023)
- Wellbeing (Nov 2023)
- Edtech to support learning (Dec 2023)
- **E-safety** (Jan 2024)
- Supporting your teenager (Feb 2024)
- Stretch and Challenge (March 2024)
- Relationships and Sex Education (May 2024)
- How to support your child's' reading (June 2024)
- **Healthy Eating** (June 2024)



















#### **Partnership** How we work together



- Participation
- Uniform
- Feedback
- Self-study
- Behaviour in the community













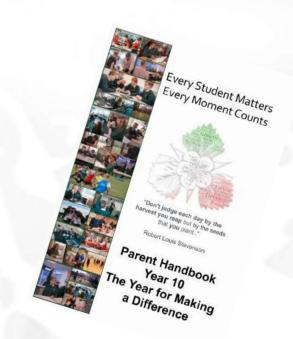






### **Parent Handbook**

- Your comprehensive guide for day to day information
- Curriculum info
- Pastoral info
- Key dates
- First point of reference for questions







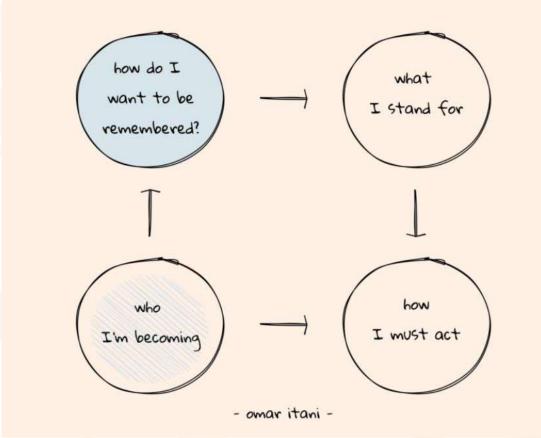




























Every Student Matters, Every Moment Counts.



Please give us feedback on tonight (4 quick questions)



















