

RECIPE

Sweet Potato Toast



Ready in **10 minutes**

Serves **4 people**

Ingredients

- 1 large sweet potato, rinsed and scrubbed clean

Preparation

1. Slice sweet potato lengthwise into 1/4" thick slices.
2. Insert slices into toaster (as you would bread) and toast on high. Check the sweet potatoes after it pops up from toaster. (It's ready when you can easily pierce a fork into the flesh, it's ready.) Continue toasting until tender, if necessary. If the toast is darkening too quickly, turn down the toaster setting to medium.
3. Top as desired and serve immediately.

Toppings

PB & J

peanut butter

berry jelly

granola

AVOTOAST

mashed avocado

red pepper flakes

Flaky sea salt

Squeeze of lime

FRIED EGG

fried egg

kosher salt

Freshly ground black pepper

Hot sauce