

FirstAid/Letters

14 December 2020

Dear Parent/Guardian

### **Chief Medical Officer Announcement - Change in Length of Isolation Period**

On Friday the Chief Medical Officer announced a change to the self-isolation period from 14 to 10 days.

This new guidance comes into effect from Monday 14 December and will apply to all those who are currently self-isolating including those who commenced self-isolation before Monday. Self-isolation periods will begin on the day after:

- exposure
- a test or
- the start of symptoms.

The NHS Test and Trace service will be telling people to self-isolate for 10 days instead of 14 days from 14 December.

Any schools that have students or staff who are in self-isolation and due to return to school on Wednesday 16 December 2020 - if well enough – could feasibly return on Monday 14 December, because the new guidance applies retrospectively.

We are aware that this guidance was released late on Friday and so if you have a young person isolating and due back on Wednesday, we know that you will want to ensure that they return in a coordinated and safe way and as quickly as you are safely able to do so.

We look forward to seeing everyone for this last week of the term.

Yours faithfully

Mrs L Harvey and Mrs J Buckley  
First Aid Team