

RECIPE

# Fro-Yo Bites



Ready in **5 hours**

Serves **12 people**

## Ingredients

- 1 1/2 c. plain yogurt
- 1/4 c. whole milk
- 2 tsp. honey
- 1/2 tsp. pure vanilla extract
- 1/2 c. blueberries
- 1/2 c. strawberries, quartered
- 1/2 c. raspberries

## Preparation

1. In a medium bowl, combine yogurt, milk, honey and vanilla and whisk until smooth.
2. In an ice tray, distribute fruit in each of the cube molds.
3. Spoon yogurt mixture over fruit, filling molds completely. Freeze for 5 hours, or until frozen solid.