

RECIPE

Chocolate Chia Pudding



Ready in **5 minutes + chilling**

Serves **4 people**

130 calories

Ingredients

- 60g [chia seeds](#)
- 400ml [unsweetened almond milk](#) or hazelnut milk
- 3 tbsp [cacao powder](#)
- 2 tbsp [maple syrup](#)
- ½ tsp [vanilla extract](#)
- [cacao nibs](#) , mixed
- frozen berries , to serve

Preparation

1. Put all the ingredients in a large bowl with a generous pinch of sea salt and [whisk](#) to combine. Cover with cling film then leave to thicken in the fridge for at least 4 hours, or overnight.
2. Spoon the pudding into four glasses, then top with the frozen berries and cacao nibs.