

RECIPE

# Breakfast Pops



Ready in **6 hours**

Serves **10 people**

**280 calories**

## Ingredients

- 2 c. plain yogurt
- 1/2 c. whole milk
- 1 tbsp. honey
- 1/2 tsp. pure vanilla extract
- 1/2 c. strawberry jam
- 1/2 c. blueberry jam
- 1/2 c. chopped strawberries
- 1/2 c. blueberries
- 2 c. Honey Nut Cheerios

## Preparation

1. In a medium bowl, stir together yogurt, milk, honey and vanilla until fully combined.
2. Fill pop molds, alternating yogurt mixture with jam, fresh fruit and cereal, about 1/4 cup of each at a time.
3. Freeze for 6 hours or up to overnight.
4. Remove pops from freezer and let sit at room temperature for 5 minutes. Remove from molds and serve.

## Tips

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