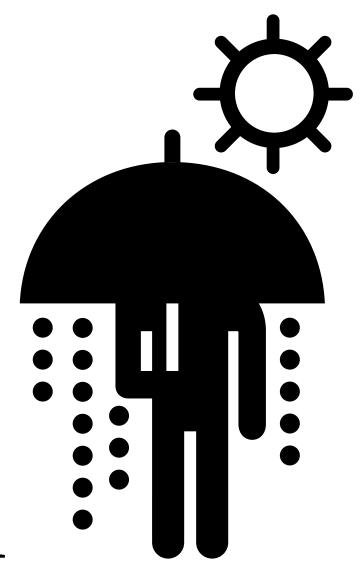
If feeling down looks like it might go beyond January get help

Call 08000 562 561



Our helpline takes calls all year round from people in education who need someone to talk to.

Please put the number in your contacts. We're open 24/7.



The charity for everyone working in education.