AMW/jr

November 2022

Dear Parent/Carer

We would like to make you aware of an exciting local opportunity that is available for your child during the first part of the Christmas Holidays.

Personal Best Education are a local secondary school based organisation who run community projects with the aim of promoting physical and mental well-being for all through physical and art based activities – essentially their aim is to encourage people to be active and have fun and learn life skills in the process. They are running Teen Projects throughout Hampshire, including Hedge End during the first part of the Christmas holidays. The projects are free to attend for all 11 – 16 year old students in receipt of free school meals.

The project will run Monday - Thursday 10.00am – 3.00pm, from 19 December – 22 December 2022. The programme is funded by Hampshire County Council through the HAF programme for students aged 11-16. They will have the opportunity to engage with a number of different activities and workshops whilst also receiving free hot lunches.

I have attached a flyer that has more information but for further details about the range of activities available then please visit the website below. If your child would like to attend then you can also book a space on the same website.

[www.personalbesteducation.com/teens](http://www.personalbesteducation.com/teens)/teen-projects

If you have any queries, then please do not hesitate to contact me at the school or alternatively, please contact Personal Best Education directly on 01794 510225 or email [enquiries@personalbesteducation.com](mailto:enquiries@personalbesteducation.com)

Yours faithfully

Mrs A Warner

Assistant Headteacher